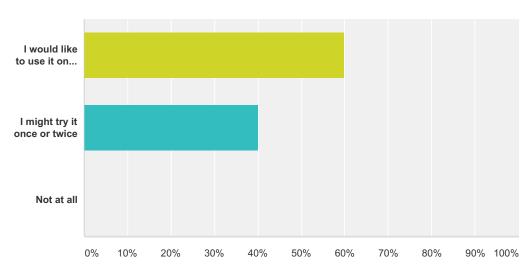
## Q1 How often do you think you would use the Fitness Zone?

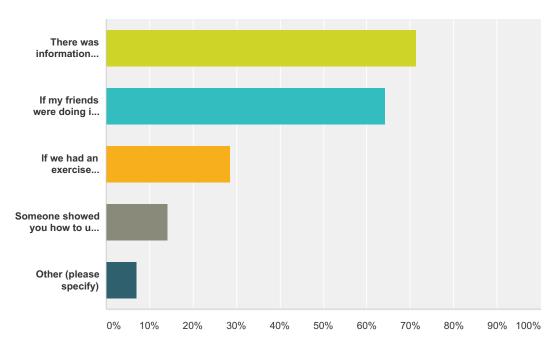




Answer Choices	Responses
I would like to use it on a regular basis	<b>60.00%</b> 9
I might try it once or twice	<b>40.00%</b> 6
Not at all	0.00%
Total	15

### Q2 Would you use the Fitness Zone more often if (check as many as apply):



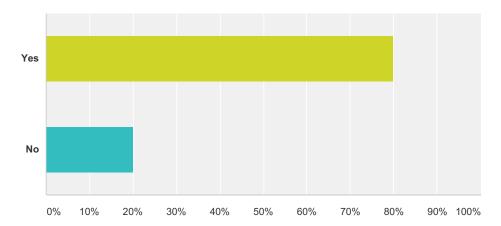


swer Choices	Respons	ses
There was information available on how to put together an exercise routine for your level of fitness and how to improve your strength and stamina	71.43%	10
If my friends were doing it with me	64.29%	ć
If we had an exercise competition going on	28.57%	
Someone showed you how to use the equipment	14.29%	2
Other (please specify)	7.14%	1
I Respondents: 14		

#	Other (please specify)	Date
1	if the equipment was covered so that I could work out in rain without getting wet	6/11/2015 6:27 AM

# Q3 Would you be more likely to use the Fitness Zone if a pair of the same piece of equipment was provided for you to perform the same exercise next to a friend?

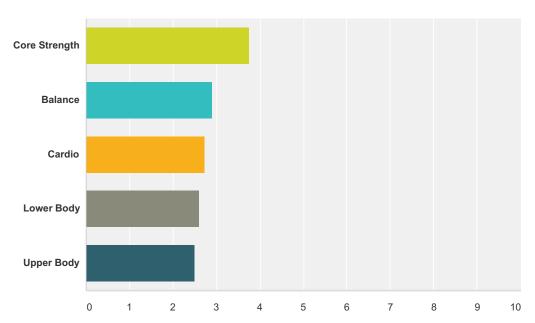




Answer Choices	Responses	
Yes	80.00%	12
No	20.00%	3
Total		15

# Q4 Please rank your interest in the following types of exercise: (You can drag and drop each row in your preferred order, 1-High, 5-Low)

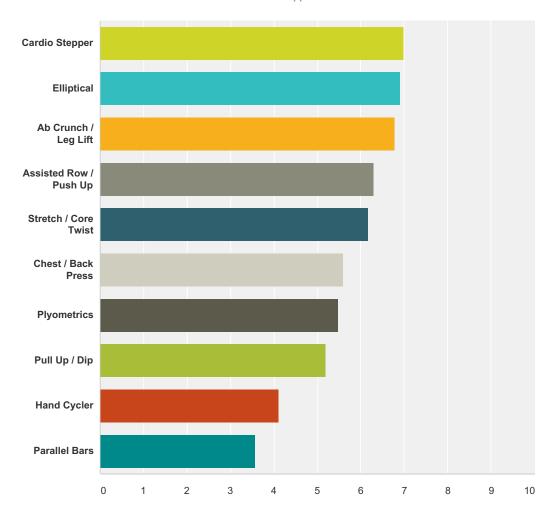
Answered: 12 Skipped: 3



	1	2	3	4	5	Total	Score
Core Strength	33.33%	41.67%	8.33%	0.00%	16.67%		
	4	5	1	0	2	12	3.75
Balance	9.09%	27.27%	27.27%	18.18%	18.18%		
	1	3	3	2	2	11	2.91
Cardio	27.27%	9.09%	9.09%	18.18%	36.36%		
	3	1	1	2	4	11	2.73
Lower Body	20.00%	0.00%	30.00%	20.00%	30.00%		
	2	0	3	2	3	10	2.60
Upper Body	10.00%	0.00%	30.00%	50.00%	10.00%		
	1	0	3	5	1	10	2.50

#### Q5 Please rank your interest in the equipment above: (You can drag and drop each row in your preferred order 1-High, 5-Low)

Answered: 12 Skipped: 3



	1	2	3	4	5	6	7	8	9	10	Total	Score
Cardio Stepper	18.18%	27.27%	9.09%	18.18%	0.00%	0.00%	0.00%	18.18%	9.09%	0.00%		
	2	3	1	2	0	0	0	2	1	0	11	7.00
Elliptical	40.00%	10.00%	10.00%	0.00%	10.00%	0.00%	0.00%	10.00%	10.00%	10.00%		
	4	1	1	0	1	0	0	1	1	1	10	6.90
Ab Crunch / Leg	22.22%	11.11%	11.11%	11.11%	22.22%	0.00%	0.00%	11.11%	11.11%	0.00%		
Lift	2	1	1	1	2	0	0	1	1	0	9	6.78
Assisted Row /	10.00%	10.00%	20.00%	10.00%	20.00%	10.00%	0.00%	10.00%	0.00%	10.00%		
Push Up	1	1	2	1	2	1	0	1	0	1	10	6.30
Stretch / Core	0.00%	9.09%	18.18%	18.18%	36.36%	0.00%	9.09%	0.00%	0.00%	9.09%		
Twist	0	1	2	2	4	0	1	0	0	1	11	6.18
Chest / Back	10.00%	10.00%	0.00%	10.00%	10.00%	20.00%	20.00%	20.00%	0.00%	0.00%		
Press	1	1	0	1	1	2	2	2	0	0	10	5.6

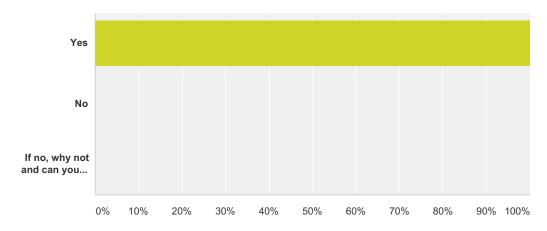
### Van Asselt Fitness Zone® Survey

### SurveyMonkey

Plyometrics	0.00%	20.00%	20.00%	0.00%	0.00%	30.00%	10.00%	0.00%	0.00%	20.00%		
	0	2	2	0	0	3	1	0	0	2	10	5.50
Pull Up / Dip	10.00%	0.00%	0.00%	20.00%	10.00%	0.00%	40.00%	20.00%	0.00%	0.00%		
	1	0	0	2	1	0	4	2	0	0	10	5.20
Hand Cycler	0.00%	11.11%	22.22%	0.00%	0.00%	11.11%	0.00%	0.00%	22.22%	33.33%		
	0	1	2	0	0	1	0	0	2	3	9	4.11
Parallel Bars	0.00%	11.11%	0.00%	0.00%	0.00%	22.22%	11.11%	0.00%	44.44%	11.11%		
	0	1	0	0	0	2	1	0	4	1	9	3.56

Q6 We are trying to place Fitness Zones: 1) where caregivers can watch their children in the playground while they use the equipment 2) not on slopes 3) not close to trees where construction would harm tree rootsConsidering these factors, would you say that our preliminary location for a Fitness Zone in your park is the best location?

Answered: 12 Skipped: 3



Answer Choices	Responses	
Yes	100.00%	12
No	0.00%	0
If no, why not and can you describe a better location?	0.00%	0
Total		12

#	If no, why not and can you describe a better location?	Date
	There are no responses.	

## Q7 Is there anything else we should know about this park and how it is used that would help us make this Fitness Zone a success?

Answered: 5 Skipped: 10

#	Responses	Date
1	An accessible water fountain would be beneficial as well.	6/15/2015 1:14 PM
2	No	6/11/2015 9:02 AM
3	Thanks!	6/11/2015 7:42 AM
4	there are many immigrants that don't read English well so will need to offer some introductions to these neighbors of the equipment.	6/11/2015 6:33 AM
5	How often will equipment be maintained/checked to make sure it's still safe to use over time?	6/8/2015 10:12 AM